



SANDRINGHAM YACHT CLUB Inc.

The Commodores Challenge

SAILING INSTRUCTIONS

SUNDAY 19 MAY 2024

The Organising Authority is the Sandringham Yacht Club Inc.

1 RULES

- 1.1 All races will be governed by the current rules as defined in the *Racing Rules of Sailing* (RRS) and Prescriptions and Special Regulations of Australian Sailing (AS).
- 1.2 All races will be conducted under the **UMPIRED FLEET RACING - SIMPLIFIED VERSION** as provided in Addendum B.
- 1.3 While afloat, competitors shall wear a personal flotation device (PFD) secured in accordance with its instructions and complying with the standard required by Australian Sailing. RRS rule 40 is changed so that it applies at all times while racing, without the need for display of the Y flag.
- 1.4 The J70 Class rules shall apply.

2 NOTICES TO COMPETITORS

Official Notice Board shall be located at the Ken King Centre (KKC) at the head of marina.

3 CHANGES TO SAILING INSTRUCTIONS

Changes to the Sailing Instructions shall be posted on the official notice board no later than 0900 on the day of the race.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the signal mast at the Ken King Centre
- 4.2 When flag AP is displayed "1 minute" is replaced by "not less than 30 minutes" in the race signal AP.

5 RACING SCHEDULE & PROGRAM

Sunday 19 May 2024	Boat rigging	0800-0845
	Information Session	0845
	First Warning Signal	1000
	Presentation	Approximately 1700

- 5.1 All races will be sailed as fleet races.
- 5.2 The regatta will consist of a round robin qualifying series and a final series.
- 5.3 Qualifying series:
- The qualifying series will consist of six races, of which each team will sail a maximum of four times.
 - The round robin draw will be distributed at the briefing, identifying when teams will be racing and in what boat.
 - The Race Committee may change the format, terminate or eliminate any race, when conditions or the remaining time scheduled do not permit the completion of the intended format.
- 5.4 Final Series:
- The Final Series will consist of the top four teams from the Qualifying Series.
 - Teams will be allocated a boat for the Final Series. There will be no rotation.
 - The top ranked team from the qualifying series is granted one win at the start of the Final Series.
 - Teams will race until one team has two wins, which concludes the event.
 - If the Final Series is not completed, results will be determined based on the qualifying series.
 - The Race Committee may change the format, terminate or eliminate any race, when conditions or the remaining time scheduled do not permit the completion of the intended format.
- 5.5 To alert boats that a race or sequence will begin soon, the orange flag will be displayed with one sound signal at least five minutes before a warning signal is displayed.
- 5.6 There will be no warning signal made after 1700.

6 BOATS

- 6.1 J70 boats will be provided. Competitors shall not modify or cause them to be modified in any way except that adhesive tape may be used anywhere above the water line.
- 6.2 All equipment provided with the boat for sailing purposes shall be on the boat while afloat.
- 6.3 The penalty for not complying with one of the above instructions will be disqualification from all races sailed in which the instruction was broken.
- 6.4 If code flag T is raised, boats shall not use spinnakers.
- 6.5 Competitors shall report any damage or loss of equipment, however slight, to the organising authority's representative after securing the boat ashore at the end of the day. The penalty for breaking this instruction, unless the protest committee is satisfied that the competitor made a determined effort to comply, will be disqualification from the last race sailed.

7 CLASS FLAGS

The class flag will be code flag W.

8 RACING AREA.

The races will be conducted on Port Phillip, in the vicinity of SYC.

9 THE COURSES

Courses will be as described in Attachment A.

10 MARKS

- 10.1 The start and finish mark will be an orange inflatable buoy.
- 10.2 Mark 1 and Gate will be yellow inflatable buoys.
- 10.3 Mark 1 shall be rounded to port.
- 10.4 The change mark will be a yellow inflatable buoy with a black band.

11 THE START

11.1 RRS 26 is changed so that races shall be started as follows:

Signal	Flag	Sound	Minutes before starting signal
Warning	Class flag displayed	1 sound	3
Preparatory	Preparatory flag display	1 sound	2
One-minute	Preparatory flag removed	1 long sound	1
Starting	Class flag removed	1 sound	0

- 11.2 A boat starting later than three (3) minutes after her starting signal will be scored Did Not Start (DNS). This changes rules A4 and A5.
- 11.3 The starting line will be between a staff displaying an orange flag on the committee boat at the starboard end and an orange inflatable buoy at the port end.

12 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course the race committee will lay a new mark (or move the finish line) and remove the original mark as soon as practicable.

13 THE FINISH

The finishing line will be between committee boat and an orange inflatable buoy.

14 PENALTY SYSTEM

Rule 44.1 is changed so that the Two-Turn Penalty is replaced by that listed in the **UMPIRED FLEET RACING - SIMPLIFIED VERSION** rules in Attachment B.

15 TIME LIMITS

- 15.1 The time limit for a race is 45 minutes.
- 15.2 The target time for each race is 25-30 minutes. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

16 PROTESTS AND REQUEST FOR REDRESS

- 16.1 Racing will be conducted with on-water umpiring as per the **UMPIRED FLEET RACING - SIMPLIFIED VERSION** in attachment B.
- 16.2 Protests will be conducted in accordance with the **UMPIRED FLEET RACING - SIMPLIFIED VERSION** rules, which is attached in attachment B.
- 16.3 Each Boat will be equipped with a Y flag. If a boat intends to protest, they should raise the Y flag in accordance with the **UMPIRED FLEET RACING - SIMPLIFIED VERSION** in attachment B.
- 16.4 Breaches of Sailing Instruction clauses 18, 19 or 20 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

17 SCORING

- 17.1 Qualifying Series:
 - a) Three races are required to be completed by all competitors in order to constitute a valid Qualifying Series.
 - b) Each team's score will be the total of all their race scores with no discards. This changes RRS A2.1.
 - c) The Top four teams will proceed to the Final Series.
- 17.2 Final Series:
 - a) The Final Series will consist of a minimum of one race and a maximum of four races.
 - b) The winner of the Final Series is the first team to win two races.
 - c) The top ranked team from the Qualifying Series is granted one win at the start of the Final Series.
 - d) Each team's score will be the total of their race scores. This changes RRS A2.1.
- 17.3 If a team is unable to start a race because the OA cannot supply a boat for them, the team will have an average score for this race, according to RRS A9 (b). This changes RRS A4 & A5.
- 17.4 The overall placings for the event will be:
 - a) Places 1st through 4th: the placings from the Final Series; and
 - b) Places 5th & thereafter: the placings from the Qualifying Series

18 SAFETY REGULATIONS

A boat that retires from a race shall notify the race committee as soon as possible.

19 REPLACEMENT OF CREW OR EQUIPMENT

Substitution of competitors will not be allowed without prior written approval of the Race Committee.

20 RADIO COMMUNICATION

- 20.1 All boats must maintain a listening watch on VHF Channel 77.
- 20.2 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 20.3 Each boat is required to carry a handheld radio on board. Teams are required to bring their own radio.

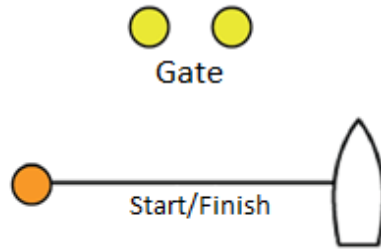
21 PRIZES

- 21.1 Presentation will be held upstairs in the Members' Bar & Bistro at SYC at the conclusion of racing on Sunday 19 May 2024. Commodores, race officials, competitors and their families are invited to attend the presentation.
- 21.2 The Doris Little Women in Sailing Challenge plate will be awarded to the winning team. The plate is to remain at Sandringham Yacht Club.

22 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 3, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Attachment A



Course	Start - 1 - Gate - 1 - Finish
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Attachment B

UMPIRED FLEET RACING - SIMPLIFIED VERSION

These instructions provide for on-water adjudication for protests for incidents between boats, recognising that the system has limitations – particularly, the limited coverage which can be provided by the umpires.

Overview

A boat can protest another boat for a breach of a rule of Part 2 – except rule 14 where there was damage or injury – in which she was directly involved or saw, and have it adjudicated by an umpireⁱ. Other protests will be dealt with in the normal way.

The boat being protested can take a penalty at the time or, if she believes she was not at fault, she can wait for the umpire to adjudicate.

The umpire can either: signal 'no penalty' or penalise one or more of the boats involved.

Except as set out below, the normal rules continue to apply.

Protests and Penalties

Protests

To protest, a boat shall display a protest flagⁱⁱ and hail “*protest*”

Voluntary Penalty

A boat may take a voluntary penalty at the time of the incident as follows:ⁱⁱⁱ (note: this does not apply to ‘touching a mark’)

- On an upwind leg, the penalty shall be one gybe.
- On a downwind leg (including a reach below 90deg), the penalty shall be one tack.

Umpire Signals

Where there is no response to a protest, an umpire will signal by blowing a whistle, displaying a flag and identifying a boat or boats as follows:

- Green or Green and White – no penalty (either no rule was broken, the incident was not seen or the umpire was not in a position to properly adjudicate)
- Red flag – the boat or boats indicated are penalised.

The penalty shall be a one turn penalty (sail well clear as soon as possible and make one tack and one gybe).^{iv}

Umpire initiated penalties

An umpire will not normally give a penalty unless there is a protest by a boat. However, an umpire may penalise a boat without a protest by another boat when a boat:

- touches a mark and does not take a penalty
- gains an advantage despite taking a penalty
- deliberately breaks a rule
- commits misconduct or a breach of sportsmanship

The umpire may impose one or more ‘one turn’ penalties, each signalled as above.^v The umpire may also report her to the protest committee for further action. Umpire decisions shall not be grounds for redress.^{vi}

ⁱ This changes rule 63 - Hearings

ⁱⁱ Refer rule 60.1 and changes rule 61(a)(2)

ⁱⁱⁱ This changes the penalties in the first paragraph of rule 44.1 and in rule 44.2 but does not change rules 44.1(a) or (b)

^{iv} This changes rule 64.1 – Penalties and Exoneration

^v This changes rule 63.1 – Requirement for a Hearing

^{vi} This changes rules 62.1(a)