



## **SANDRINGHAM YACHT CLUB**

# **Notice to Competitors**

No: 2016-2020\_SI\_15

### **Change to SYC Sailing Instructions 2016-2020**

**Applicable to: All races sailed under the SYC Sailing Instructions 2016-2020**

**The 2016-2020 Sailing Instructions, in line with the club policy 27 – Life Jackets, are amended as follows:**

**1. Clause 4d Personal Safety/Lifejackets (Personal Flotation Devices - PFD's)**

All competitors are reminded that they are responsible for their own personal safety, as per RRS Rule 1.2, irrespective of signals made or not made. It is strongly recommended that they all wear a lifejacket (PFD) in strong winds and at all other times when it is deemed prudent.

This recommendation does not change any of the requirements of the AS SR Part 1 and Marine Safety Victoria (MSV) regulations requiring the mandatory wearing of lifejackets under certain conditions, including at times of heightened risk.

SYC strongly recommends that all lifejackets comply with AS4758-2008 (Minimum Level150) or AS1512-1996 Type 1 (Not less than 150N), or ISO equivalent.

SYC strongly recommends the use of inflatable lifejackets (automatic inflating preferred).

Boat owners must ensure that there are sufficient suitable lifejackets on board for all competitors and guests, including children, and that all have been briefed on their correct fitment and usage.

All lifejackets shall be stored, serviced and maintained per manufacturer's recommendations, and a service log maintained for each lifejacket.

SYC strongly recommends that all competitors carry a flashlight during the hours of darkness.

Daniel Edwards  
Club Captain - Sail  
14 December 2018