

KRYSTAL COACHING LECTURE SERIES 2016

Open to all Sailors aged between Under 19 to 12 years old

During the winter months it is a great time to get a jump on the competition. Come along to Krystal Coaching lecture series at Sandringham Yacht Club.



- 1/ **TACTICS/STRATEGY** : STARTING & FIRST BEAT TACTICS/STRATEGY
- 2/ **RULES/ STRATEGY**: HOW TO USE RULES WITH TACTICS & SECOND BEAT
- 3/ **WEATHER**: THINKING OUT OF THE BOAT
- 4/ **FITNESS/ REGATTA** : GETTING READY FOR THE SEASON AHEAD:
PUTTING A REGATTA TOGETHER

June 28th

Aug 2nd

Sept 6th

Oct 4th

Venue: Sandringham Yacht Club

Time: 6.30pm

Cost \$35 a lecture!

Remember your note books!!

Please print out your Ticket.

Try Booking

Lecture 1 <https://www.trybooking.com/LXSE>

Lecture 2 <https://www.trybooking.com/LXSJ>

Lecture 3 <https://www.trybooking.com/LXSS>

Lecture 4 <https://www.trybooking.com/LXST>

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